



Finding Fitness Fun(d)-raiser

For more resources on health-promoting fundraisers, visit www.HealthierGeneration.org/Fundraisers.

Dear _____

I want to help my school raise money for field trips, health and fitness programs and school projects. During the month of _____, I will participate in the (insert school's name) annual Finding Fitness Fun(d)-raiser. During this time, I pledge to:

- ≤ Walk or bike to school _____ times
- ≤ Actively play for 30 minutes before or after school _____ times
- ≤ Hike the Bronze, Silver or Gold (circle one) course on our Finding Fitness hike and I will do this in under 60 minutes.

Will you help support my fitness commitment with a donation?

Thank you. (student's signature)

Dear **(insert school name):**

I have put an "X" in a few places below to show that I am inspired by the effort of this student and by the mission of the Finding Fitness Fun(d)-raiser.

_____ Please accept my tax-deductible donation payable to the (insert school name) for:

- _____ \$20 _____ \$60 _____ \$100
- _____ \$250 _____ \$500 _____ Other (\$ _____)

_____ Please include my name on the Finding Fitness Donor Board at the school (you must donate some amount of money to have your name placed on the Board)

_____ I will exercise with this student at least _____ times during the month.

_____ I will participate in the Finding Fitness Hike on (insert date, time and location).

Please refold this letter and return to the address shown on the reverse side. Include a check and tape the sides of the letter or mail in an envelope. Please don't forget your return address!

(Note to the school/PTA representative: Be sure to write the school's name and address on the other side so this letter can be folded. Also provide space for the sponsor to write his/her name in the return address area.)

From our staff and/or parent volunteers:

Every year, each class in our school needs to raise funds for projects and trips. This takes a lot of time and energy away from academics.

So, this year we are doing things differently. We are combining our need to raise funds with our efforts to increase physical activity opportunities for our students – and community!

Should we reach our annual goal of \$XXX, we won't need to make any more requests for donations from our friends, community, and family.

Won't you help us reach our goal?

Here are the projects we would like to fund (write in your list of items):

If we raise even more money, we will not only continue to support our academic and health needs, we can add new programs such as:

1. A school garden
2. Safe Routes to School program
3. Climbing wall in our gym

During this fundraiser, we encourage you to be an even healthier role model for children. Walk and bike with them. Join us in the gym before school for an exercise class. Volunteer to lead an activity at a fun family fitness night!

Thank you for considering a donation of money and/or time for this important effort.

Adapted from Green Street School, Brattleboro, VT