

SCHOOL District #97 - School Breakfast Menu

BROOKS, IRVING, JULIAN, LONGFELLOW

Monday

Tuesday

Wednesday

Thursday

Friday

**Eat Well
Your Body Can Tell**

26

Cereal Box
Milk

27

Cereal Box
Milk

28

Cereal Box
Milk

31

Cereal Box
Milk

1

Blueberry Muffin#
Fresh Fruit
Milk

2

French Toast Sticks
Fruit Cup
Milk

3

Yogurt Parfait with
Granola & Fresh
Fruit
Milk

4

Breakfast Pizza
Fruit Cup
Milk

7

*No School
Labor Day*

8

Chocolate Chip
Muffin#
Fresh Fruit
Milk

9

Turkey Sausage
Pancake on a Stick#
Fruit Cup
Milk

10

Yogurt Parfait with
Granola & Fresh
Fruit
Milk

11

Maple Mini
Pancakes
Fruit Cup
Milk

14

Cereal Box
Milk

15

Blueberry Muffin#
Fresh Fruit
Milk

16

Glazed Cinnamon
French Toast
Fruit Cup
Milk

17

Yogurt Parfait with
Granola & Fresh
Fruit
Milk

18

Maple Waffle
Fruit Cup
Milk

21

Cereal Box
Milk

22

Chocolate Chip
Muffin#
Fresh Fruit
Milk

23

Strawberry Mini
Pancakes
Fruit Cup
Milk

24

Yogurt Parfait with
Granola & Fresh
Fruit
Milk

25

Blueberry Sausage
Pancake on a Stick
Fruit Cup
Milk

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2009**

Prepared by
Oak Park &
River Forest High
School Food &
Nutrition Services
Department