School District #97 - School Breakfast Menu

Beye, Hatch, Holmes, Whittier

December 2009

½ Pint Milk Served With Each Meal • Menu Subject to Change • All Dressings are fat free • *Contains Pork • ^Contains Turkey • #Whole Grain Food All menus are less than 30% calories from fat

Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 30 Cereal Box Milk	1 French Toast Sticks Fruit Cup Milk	2 Trix Yogurt Fresh Fruit Milk	3 Mini Pancakes Fruit Cup Milk	4 Bagel with Cream Cheese Fresh Fruit Milk
7 Cereal Box Milk	8 Turkey Sausage Pancake on a Stick# Fruit Cup Milk	9 Trix Yogurt Fresh Fruit Milk	10 Breakfast Sausage/ Cheese Bagel Fruit Cup Milk	11 Chocolate Chip Muffin# Fresh Fruit Milk
14 Cereal Box Milk	15 Glazed Cinnamon French Toast Fruit Cup Milk	16 Trix Yogurt Fresh Fruit Milk	17 OPRF Griddle (Pancake, sausage and egg) Fruit Cup Milk	18 Blueberry Muffin# Fresh Fruit Milk

Happy Holidays