



## Announcing the Fall/Winter 2023-2024 Session: In-Person!

**Sibshops** is a program specially designed for brothers and sisters of kids with special needs, which can include development & physical disabilities or emotional & mental health challenges.

**Sibshops may be “therapeutic” for kids to attend, however, Sibshops is not a therapy group.**

For 1<sup>st</sup> – 7<sup>th</sup> grade siblings

**November 18<sup>th</sup> , December 2<sup>nd</sup> , December 9<sup>th</sup> ,  
December 16<sup>th</sup>, January 6<sup>th</sup>, January 13<sup>th</sup>, January 20<sup>th</sup>**

11:30am – 1:30pm Light Lunch Provided!

*Thrive Counseling Center 120 S. Marion Street, Oak Park 60302*

Sponsored by  
River Forest Township in partnership  
With Thrive Counseling Center

*"I really believe it  
empowers the kids  
when they support  
other siblings."  
-Sibshops Parent*

At Sibshops, brothers and sisters will:

- ❖ Meet & talk with other siblings of kids with special needs
- ❖ Share with trained facilitators in age-appropriate breakout sessions
- ❖ Engage in fun activities which generate conversation & ideas

*All are welcome; priority given to participants from Oak Park & River Forest*

Per sibling fee: \$10/session  
Need-based scholarships available

Registration is required in advance.  
For more information or to register please scan the  
QR code, or visit our website  
<https://www.thrivecc.org/services/group-services/>  
Email [SibShops@Thrivecc.org](mailto:SibShops@Thrivecc.org)



We strive to make mental health care affordable to all by accepting Medicare, Medicaid, most insurance types, and offering a sliding scale. Please contact us to see if your services are covered or free. All who come to Thrive are welcomed regardless of ethnicity, gender, sexual orientation, legal status, beliefs, or disability.