



LEVEL UP YOUR GAME

YMCA ESPORTS at Dominican University



The West Cook YMCA is launching a new program, **ESPORTS**. A collection of competitive sports played through a video game requiring the use of strategy, collaboration, communication, and problem-solving skills to achieve individual or team success. It's bigger than 'just gaming'. Esports allows youth to be engaged in a non-traditional sports program.

ESPORTS at the Y welcomes youth to be who they are, excel at what they love, and develop the social, strategic, and problem-solving skills necessary to grow into thriving adults all in a safe, moderated, and inclusive environment.

The West Cook YMCA wants you to **Level up your game!**

Multi-platform gaming including HP Omem Gaming Desktop and Switch.

SEASON:
> July 17-August 4

DIVISIONS:
Tuesdays, Wednesdays, Thursdays
4th-8th grades play 10:00 am-12:00 pm

FEES:
> **COMPLIMENTARY**

LEARN MORE
westcookymca.org/esports

ESPORTS AT THE Y PROMOTES



WHAT IS ESPORTS?

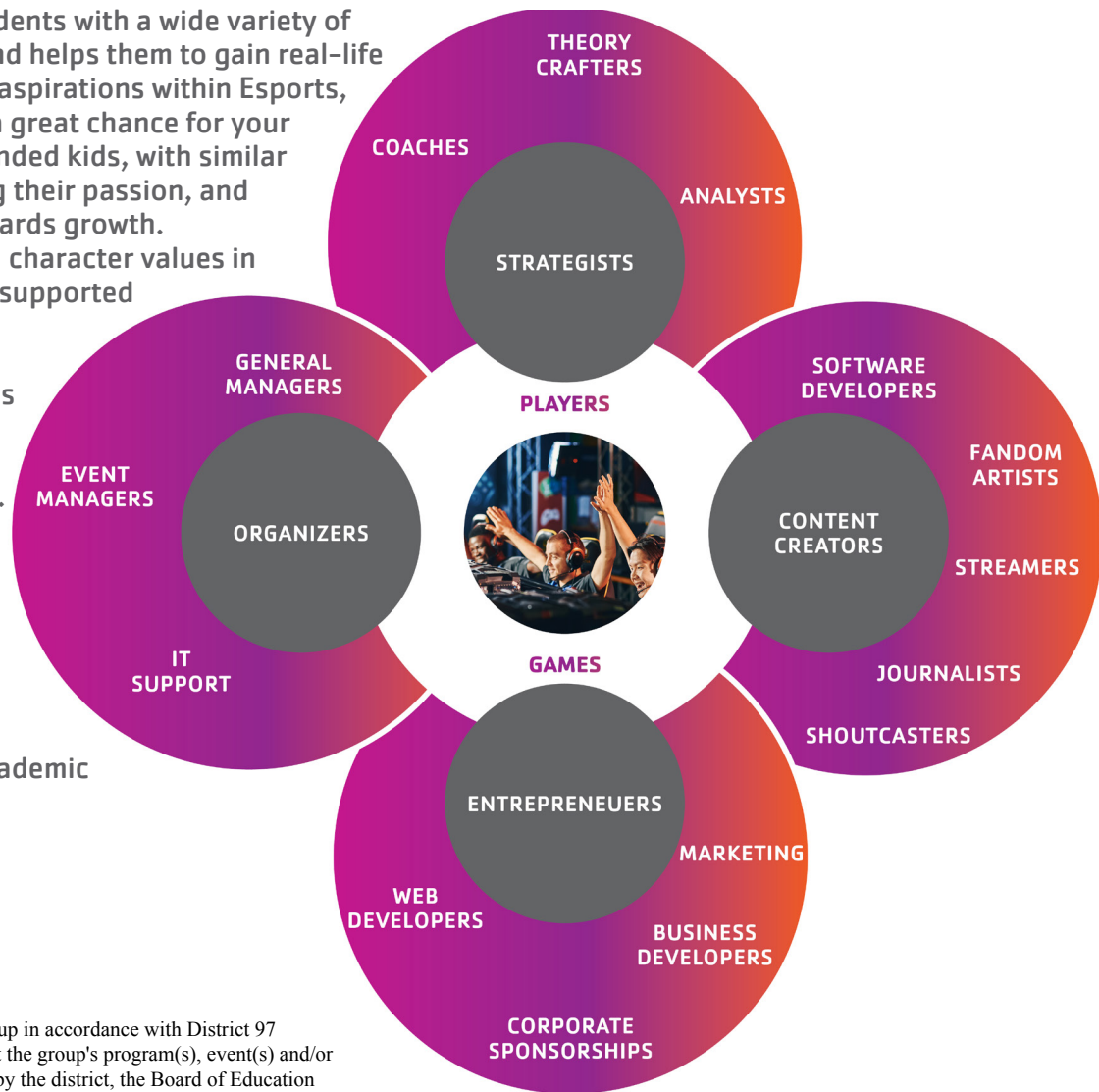
In our work with youth, teens and families we listen and respond. The Y has been a leader in developing and implementing Youth Sports programs over the years that facilitate the learning of teamwork, health and wellness habits and self-discipline. With the addition and option of Esports, these opportunities continue, along with additional benefits:

1. Improved hand-eye coordination
2. Improved attention & visual acuity
3. Improved basic visual processing and executive function
4. Problem solving & strategy skill development
5. Boosts self-confidence and player socialization
6. 71% of parents report gaming having net positive effects for children
7. 54% of gamers say gaming helps them connect with friends
8. As of 2021, approximately 200 universities have offered some kind of varsity Esports program and have spent nearly \$15 million on related scholarship programs for top-tier video gamers.
9. More than thirty U.S. colleges and universities offer scholarships for gamers

HOW ESPORTS BENEFITS MY CHILD

Our curriculum supports students with a wide variety of roles, expands their skills, and helps them to gain real-life experience for future career aspirations within Esports, or outside of it. The class is a great chance for your child to connect with like-minded kids, with similar interests, while still following their passion, and staying on a steady path towards growth. Participants will learn strong character values in an educational environment supported by the Esports ecosystem.

The Esports ecosystem serves as a framework to better understand the workforce opportunities within Esports. This means that when we talk about engaging all students, we really mean ALL students. The program will set up kids for success when looking to join high school or collegiate Esports programs later on in their academic career.



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