

Explore all the Community Recreation Center has for you!

Play games in the Esports Lounge. Experience the Playzone Childcare Room. Get a Health Screening from Rush Oak Park staff. Tour the Inclusive Locker Rooms. Meet the After School Program staff. Purchase your CRC Memberships. And a Second Floor! Drop in the Gymnasium for some game play. Explore the Fitness Center and

- variety of equipment.Enjoy demos in the Fitness/Dance Studio.
- Visit with staff in the Community
 Mental Health Board Suite.

And even a Third Floor!

- · Take a stroll around the **Indoor Track**.
- Get some lifestyle advice from a Rush Oak Park physician.
- Check out the heavy bag and stretching areas.

