



Ignite Volleyball Academy

For Boys and Girls grades 5-8

At OPRF High School- Tuesdays in May

Ignite Volleyball Academy is a developmental volleyball program where we emphasize teaching the game of volleyball while fostering a passion for the game. This program introduces the players to all the fundamentals of volleyball- including passing, serving, setting, hitting, defensive techniques, and game- like play and teamwork strategies.

Grow your game with experienced coaches from Ignite VBC! Each week kids will learn while improving their skills. Whether this is your first time playing the game or you have experience, there is something for everyone!

Level 2 (4th- 6th graders)- Will focus on proper introduction to the sport of volleyball and fundamental skills, mechanics, and team play. The series will cover the following skills: approach, passing, serving, hitting, setting, and intro to team play.

Level 3 (7th and 8th graders)- will build their volleyball skills, advance their mechanics, and incorporate skills into team play. The series will cover the following skills: approach, passing, serving, hitting, setting, blocking, defensive techniques, and team play each day.

Cost: \$75, includes t shirt

To register: <https://ignitevbc.sportngin.com/register/form/380045494>

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