

Wednesday, **October 2, 2019** 

Join children and adults around the world to celebrate the benefits of walking.



International Walk to School is an annual event that promotes walking for several reasons:

- Physical activity
- Teaching safe walking skills to children
- Awareness of how walkable a community is and where improvements can be made
- Concern for the environment
- Reducing traffic congestion, pollution and speed near schools
- Taking back neighborhoods for people on foot
- Sharing time with community leaders, parents and children



get started at: www.Walktoschool.org

and contact your local coordinator: Josh Hancock

Irving PE Teacher Jhancock@op97.org

Prepared by the National Center for Safe Routes to School, which serves as the National Coordinator for International Walk to School events in the USA.