# Lesson 1: Learning to Listen



### What Is My Child Learning?

Your child is learning the rules for how to be a good listener. These rules help your child know how to listen and act in a group so everyone can learn.

#### Why Is This Important?

Being good listeners helps children be better learners. Following the Listening Rules helps children listen and pay attention in class.

**Ask your child: What are the Listening Rules in your class?** (Have your child tell you each rule and show you the action that goes with it. Rules are listed at right.)

# Listening Rules Eyes watching

Point to the corners of your eyes.

Ears listening

Cup your ears with your hands.

Voice quiet

Put your finger to your lips.

Bodv still

Hug your torso with both arms.

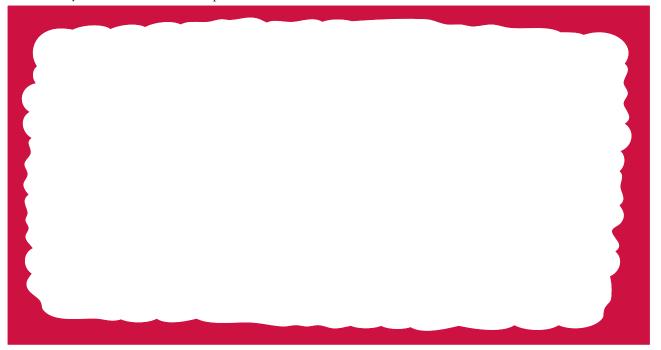
# **Practice at Home**

Before giving directions for daily activities, such as picking up toys or washing hands, remind your child to use the Listening Rules. For example:

You need to use your Listening Rules now. Say each rule and do the actions along with your child, then give the directions: We're getting ready to leave now, so put on your shoes and coat.

## **Activity**

Have your child choose one of the Listening Rules and illustrate it below. After your child has finished, write which rule you think it is under the picture.



The rule is \_\_\_\_\_

	I	ı
(CHILD'S NAME)	(DATE)	(ADULT'S SIGNATURE)