

Dear Lincoln Families,

District 97 is committed to creating a learning environment that preserves, protects and supports the health and safety of all our students. It is with this important goal in mind that we have launched a program called “Food Free in Three” in all 10 of our schools. Below is our timeline for implementation and the list of foods that correspond with each phase.

- **Phase One:** Celebrations that are held during the **2018-19 school year** can include food from the following eight categories: fresh fruit\*, fruit juice, fresh vegetables\*, dried fruit, yogurt without granola topping, lean meats, and packaged popcorn and pretzels that are nut safe.
- **Phase Two:** Celebrations that are held during the **2019-20 school year** can include food from the following four categories: fresh fruit\*, fresh vegetables\*, and packaged popcorn and pretzels that are nut safe.
- **Phase Three:** No food will be served during celebrations that are held during the **2020-21 school year**.

\* Please note that any fresh fruit or fresh vegetables brought into our schools must either be pre-washed/pre-packaged from a store or prepared, cut, etc. after they arrive in our buildings. This will help minimize potential cross-contamination.



District 97 - Brooks and Julian Middle Schools:

Districts 97, 90 and 200 have partnered together to launch a new mental health-related prevention and support resource for middle and high school students called Support4U. Students can use this text-based resource 24 hours a day to connect with licensed mental health clinicians who can provide them with assistance or guidance on a variety of issues that include, but are not limited to, anxiety, depression, substance use, suicidal ideation, eating disorders, bullying and abuse. <https://www.youtube.com/watch?v=yeU9IBiq12U>.



Parent/Teacher Conferences are taking place on October 25-26, 2018; however, some teachers may also have conferences scheduled earlier the same week. Parent/Teacher Conferences are a wonderful opportunity to open the lines of communication, learn about your child's current level of performance and baseline assessment data, celebrate their strengths, and exchange ideas to ensure academic and social-emotional growth. Please contact your child's teacher with any questions about the conference.

Here are some suggested questions you can ask your child's teacher:

1. How can I get regular updates or access regular updates of my child's progress?
2. In which subjects/standards/skills do you feel my child needs additional help and/or attention? Enrichment?
3. Does my child get along with his/her classmates?
4. Will you contact me as soon as possible if my child is not behaving appropriately?
5. Can you provide me with in depth information about the assessments my child is taking?
6. What are my child's current assessment scores?
7. Is my child performing at his/her grade level?
8. Can you tell me what type of attention my child receives if he/she is struggling in a particular subject?
9. Can you provide me with resources I can use to help my child in areas where extra help is needed? Resources for enrichment?
10. How can I share information with you that will give you additional insight about my child?
11. What is the best way to contact you if I have a concern?



Halloween is an exciting time at Lincoln School and our annual parade is something our community looks forward to each year! As we prepare for our Halloween celebration, we want to make you aware of a few things.

### **Schedule - Wednesday, October 31, 2018**

8:00am-11:30am	Classroom Instruction
11:30am-12:25pm	Lunch/Recess
12:45pm	Parade (outside weather permitting)
1:15-2:15pm	Class celebrations
2:30pm	Dismissal

### **Please remember:**

- No weapons (knives, guns, etc.), blood-like paint, or portrayals of violence.
- No culturally offensive or insensitive costumes.
- Costumes are not worn to school. Parents are asked to send students to school with their costumes, and students will change after lunch.
- Students going home for lunch should return to school wearing their costumes.
- Any families that prefer their child(ren) not take part in the Halloween activities, please be sure to notify the teacher. Students will be offered alternate activities in the library and supervised by a Lincoln staff member.
- All volunteers need to be coordinated through the teachers and must check in the office before entering classrooms.
- We are implementing Phase I of the "Food Free in Three" Program for our Halloween Celebrations. Celebrations that are held during the **2018-19 school year** can include food from the following eight categories: fresh fruit\*, fruit juice, fresh vegetables\*, dried fruit, yogurt without granola topping, lean meats, and packaged popcorn and pretzels that are nut safe. \* Please note that any fresh fruit or fresh vegetables brought into our schools must either be pre-washed/pre-packaged from a store or prepared, cut, etc. after they arrive in our buildings. This will help minimize potential cross-contamination.





October 18 - Lincoln PTO Fun Run Fundraiser  
October 23 - Picture Retake Day  
October 24-26 - Book Fair  
October 25 - 2nd Grade Assembly: Kids on the Block  
October 25-26 - Half Day for Students (AM only) ; Parent Teacher Conferences  
October 31 - Halloween Parade and Parties  
November 6 - No School for Students, Institute Day  
November 9 - Spanish Immersion Field Trip  
November 14 - 1st Trimester Ends  
November 21-23 - No School for Students, Thanksgiving Break



Lincoln Expansion <http://www.op97.org/lincoln/expansion>