## Longfellow School Approved Snack List FIFTH GRADE 2019-2020

To help ensure safety for all students, fifth grade students are only allowed to pack **fresh fruits** and **vegetables** for snack time. As always, our students are not permitted to share snacks. Due to students with food allergies, any food brought into our fifth grade classrooms <u>must **not** contain</u> peanuts, tree nuts, dairy, sesame seeds, flax seed, fish, sunflower seeds and/or eggs.

Nurse Kimmy Longfellow Certified School Nurse 708-524-3064

\*August 5, 2019