

Longfellow School Approved Snack List
First Grade
2018-2019

Our classrooms are safe places for all children. To help ensure safety for all students, first grade students are only allowed to pack **fresh fruits (no coconut)** and **vegetables (no edamame or lentils)** for snack time. As always, our students are not permitted to share snacks. Due to students with food allergies in first grade, any food brought into our first grade classrooms must **not** contain tree nuts, peanuts, edamame, lentils, soy, coconut, hummus, sesame seeds, or tahini sauce.

Thank you,
Kimberly Nylec, RN BSN PEL-CSN
Longfellow Certified School Nurse

*August 8, 2018