

Longfellow School Approved Snack List

Second Grade

2018-2019

Our classrooms are safe places for all children. Due to allergies, food brought into our second grade classrooms, must not contain:

eggs (baked okay), shellfish, tree nuts, peanuts and sesame

Our students are not permitted to share snacks and the type of snacks that are permitted are outlined below. As you can see, this list does not contain brand names. We will need parents to ensure that the products below do not contain nuts. Per district policy, snacks must be “peanut/ tree nut free.” That means they cannot contain peanuts, peanut butter, or tree nuts such as almonds, walnuts, cashews, hazelnuts, pecans etc. Please ensure you read the labels of your food. Food **must not** contain the following warnings and/or ingredients:

- Peanuts or tree nuts are listed as an ingredient
- “May contain nuts” warning
- “Food may have been processed in a facility that contains nuts” warning

Manufacturing practices change often, so please read labels to ensure the safety of all of our students.

Fresh Fruit
Dried Fruit
Vegetables
Apple Squeezers
String Cheese
Veggie or Fruit Chips/Sticks
Toasted Oats or O’s
Crackers
Graham Crackers
Plain Pretzels
Pirate’s Booty
Plain Popcorn

Nurse Kimmy
Longfellow Certified School Nurse
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*September 5, 2018